

**Valli, The Union for Senior Services,** is a national non-profit umbrella organisation for elderly care in Finland. Valli was founded in 1953. The NGO has approximately 70 member associations, which care for around 20000 senior citizens through 2000 professionals.

## Valli – The Union for Senior Service

Valli works actively in co-operation with its member associations and professionals towards a welfare society where everyone can grow up and grow old in harmony.

We work for and with older women and men to achieve policy change, involvement of the elderly and interaction between generations. Due to our experience of 60 years, we have both the recognition and the proven ability to reach and influence high-level politicians and decision-makers in Finland.

## www.valli.fi



Valli is a member organisation of HelpAge International



## What we do

**Technology for the Elderly Centre** is a centre of expertise, which assembles and shares information related to technology for the elderly. Technology belongs to everyone!

The Elderly Care Trainee initiative promotes cross-generational work life by enhancing youth participation in elderly care.

The Multicultural Elderly Care initiative develops new kind of multicultural and easy-to-read approach to volunteer work in elderly care.

The Elderly Care Outreach Network provides practical support and help for local and regional actors already conducting or initiating outreach work within elderly care.

## Elämänote programme

The common goal for the 20 projects in "Grip on Life" (Elämänote) programme is to improve the quality of life and coping of older people living in challenging circumstances. The programme is coordinated by Age Institute and The Union for Senior Services.