

VALLI'S TRAINEE ACTIVITY FOR YOUNG PEOPLE

The generations
meet in
working life



TRAINEE ACTIVITY

VALLI's Trainee Activity unite the young, the old and employees working with seniors. It offers youth successful experiences from the work world and supports them towards their individual studies and working life.

In Trainee, bridges are built between young people and senior citizens. At the same time, these operations respond to several societal challenges and increase the atmosphere of caring in society.

***“Now I know
what I want to do
in the future.”***

YOUNG PERSON, AGE: 24

Nationwide Trainee Activity is implemented in co-operation with those guiding the young as well as in work communities engaged with seniors. These activities started in 2013 and we have managed to help several hundred young people move on with their lives and interests.

***“I'd like to say to other young people
that it's worth coming to try! The best
thing about it is learning lots of new
things and becoming part of a real
work community.”***

YOUNG PERSON, AGE: 25

TRAINEE PROGRAMME

Work experience and self-confidence – towards an individual future

These operations are intended for those aged 18–29 who are Not in Education, Employment, or Training (NEET).

The Trainee programme generally lasts four weeks, and during that time the young person is part of a work community.

The group of young people, supported by an instructor, get to know seniors and the various tasks associated with gerontological work.

Young people practise the skills needed in working life and studies with the continued support of a personal instructor and work community. This helps young people in planning their future.

TRAINEE RESULTS

The working life skills of all young people were strengthened during the Trainee operations.

After the end of the Trainee programme, 90% of the youth involved proceed further with their employment and study paths, and 70% go into the social and health services field.



CO-OPERATION

A professional who encounters young people

We increase knowledge in the area of a wide range of career options in the gerontological field as well as in the significance of connections between the generations.

We are implementing Trainee programs, workshops and campaigns to help young people learn to identify their own strengths in working life and to receive support for their own future study and career choices.

Educational institution representative

We tell them about multiple career choices in the social and health care sector as well as in gerontology and related fields. We attend lessons and design content with you.

Teachers doing preparatory (TUVA) training for degree-based education or teaching in the field of social and health care: would this be of interest to you?

Senior work community

Encounters between the generations enriches the daily life of all partners and bring joy to the entire elderly care work community. We also strengthen the ability of work communities to meet and guide young people from various backgrounds in working life.



GENERATIONAL INTELLIGENT WORKING LIFE

In the encounter between young people, seniors and experienced employees, everyone learns from each other.

VALLI's Trainee strengthens the connection between generations and builds trust as well as a sense of social cohesion. And it has a long-term effect on the future!

Join us in promoting generational intelligent working life – and offer successful experiences to young people from various backgrounds. Help us to build a society where everyone can grow up and grow older in harmony.



“During the activity period, skills are learned that are needed throughout one’s lifetime: meeting a variety of people and understanding everyone. While Trainee was going on, I also learned empathy and interaction skills that can be applied at all stages of life.”

YOUNG PERSON, AGE: 20

WOULD YOU LIKE TO HEAR MORE?

Contact

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The Union for Senior Services, VALLI

VALLI is a national non-profit umbrella organization for the care of elderly. VALLI is founded in 1953. The organization has 64 member associations around Finland, which serve about 20 000 older people with 2000 professionals.